# **HAPPY SUMMER**

## SENIOR GAMES & SILVERARTS FAMILY!

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#### **2025 STATE FINALS**

If you are still thinking about signing up for the State Finals, I'm afraid you missed it because registration for the 2025 NC State Finals is now CLOSED (midnight, August 1).

A grand total of 33 Cherokee/Clay participants did sign up – 13 in SilverArts, 19 in Sports and 1 in both! And for the first time I am aware of, we have more participants in Sports than in the SilverArts! This year we have 14 SilverArtists who will be showing their artwork in 19 categories and on the sports side, we have 20 participants heading for Raleigh to show their stuff in 80 sports events! You can see the list of participants below along with their events and if you happen to see them around, please make sure to wish them the best.

#### A note to SilverArtists -

Chris and I will be heading to Raleigh on September 16<sup>th</sup> and will be glad to transport your artwork there and back. I will be sending out another email in a week or so to all the registered SilverArtists to start making arrangements for you to drop off your artwork for the trip.

NAME		EVENTS
Rick	Alringer	Bocce, Cornhole Sgls & Dbls (w/Gary Preisser)
Bill	Battle	5k Powerwalk, 5K Run, Discus Throw, Golf, Mini Golf,
		Run & Stand Long Jump, Shot Put
Sandy	Benson	Literary Art: Essay, Life Experience, Short Story
Van	Estes	10K Run
Christine	Faries	Heritage Art: Basket Weaving

Terence	Faries	50M, 100M, 200M dashes, Run & Stand Long Jump Heritage Art: Wood Carving
Jan	Findley	50yd Breaststroke, 50yd Freestyle
John	Gibney	Heritage Art: Jewelry
Karen	Haas	Visual Art: Watercolor
Ruth	Harrell	1500M & 5K Power Walk
Bart	Harrison	1500M & 5K Power Walk, Basketball Shooting, Bocce, Cornhole Sgls, Discus, Football Throw, Horseshoes, Mini Golf, Shuffleboard, Softball Throw
Anne	Hastie	Heritage Art: Basket Weaving
Art	Hubbard	50yd, 100yd & 200yd Backstroke, 50yd, 100yd & 200yd Breaststroke
Don	Jones	Golf
Jon	Jordan	Badminton Sgls, Dbls & Mxd Dbls
Brian	Kearney	Billiards
Janice	Kirk	Literary Art: Poem, Visual Art: Watercolor
Brenda	Ledford	Literary Art: Essay, Life Experience, Short Story
Jerry	Leslie	Table Tennis
Julie	Lindsay	Visual Art: Acrylics
Lucy	Lovins	Basketball Shooting, Discus, Shot Put, Football & Softball Throw
Cathy	McNeely	50yd Breaststroke, 50yd Butterfly, 100yd & 200yd IM, 50yd & 500yd Freestyle
Carl	Miller	Visual Art: Mixed Media
Pamela	Palma	Heritage Art: Weaving
Gary	Preisser	1500M & 5K Power Walk, Bocce, Cornhole Sgls & Dbls (w/Rick Alringer), Discus, Mini Golf, Shuffleboard, Football & Softball Throws
Michele	Preisser	1500M & 5K Power Walk, 400M, 800M, 1500M & 10K Runs, Bocce, Cornhole Sgls, Mini Golf & Shuffleboard
Mary	Ricketson	Literary Arts: Poem
Steve	Riedel	Heritage Art: Stained Glass
Johnnie	Smith	Golf
Steven	Stanley	50yd & 100yd dashes
Kenneth	Thigpen	Bowling
Jim	Torchia	Table Tennis
Debra	Vanderlaan	Visual Art: Digital Art

#### 2025 NATIONAL SENIOR GAMES REPORT

The 2025 National Senior Games which took place in Des Moines, Iowa has just ended this week. North Carolina was represented there by 633 athletes among which were 2 from Cherokee/Clay – Michele Preisser and myself (Terence Faries). Between the 2 of us, we entered 5 events and managed to come home with 3 medals! Considering that this is a national competition, those results are not too shabby in my estimation!

Michele competed in the 2 Power Walk events – the 1500M and the 5000M. In both events - if the competition was not hard enough - the temperatures there were in the 90's which made these events absolutely brutal. Being the competitor and Florida girl that she is, Michele powered right through to 2 Silver medals! She along with the winner – Debbie Riter from SD - also broke the National records for both of these events.

CONGRATULATIONS MICHELE!

My events were the 50M and 100M dashes and the Long Jump. In the 50M run, I managed a credible 11<sup>th</sup> place out of 30 competitors. In the 100M event, I did a bit better but was bumped out of the final 8 into 9<sup>th</sup> place by 4/100<sup>ths</sup> of a second by someone in the last heat. After having competed in Pittsburgh in 2023 without any medal success, I finally broke through and picked up my first National medal in the Long Jump – a Bronze!

Medal or not, the National Senior Games - like the NC State Finals - was a great experience meeting great people.

#### SUMMER/FALL ACTIVITIES

Our July summer activities appeared to be bit hits with the Hot dog picnic and an afternoon at Rack'em Billiards. How about considering joining us for our August activities?

### **AUGUST ACTIVITIES**

- 1. The Air Rifle Target Shooting activity will take place this Tuesday starting at 1pm but the sign up for this is now closed as the roster is full.
- 2. Come join us and have some Cornhole fun at the second August activity at 10am on Wednesday, August 20<sup>th</sup> at the Rock Gym in Murphy (next to Murphy Health & Fitness). Like the activity above, if you plan to come, please sign up on the following link. This activity will be FREE.

## AUGUST CORNHOLE SIGN UP

Information regarding future proposed activities will be announced later and will include –

September - Mini Golf & Shuffleboard
October - Chili Hot Dog Picnic & Bocce Ball
November - Table Tennis & Air Rifle Target Shooting
December - Christmas Parade

#### **OUR WEBSITE AND FACEBOOK**

Don't forget to check out our website occasionally - <a href="Cherokee/Clay SG">Cherokee/Clay SG</a> website - as well follow us on our Facebook page - <a href="Cherokee/Clay Facebook">Cherokee/Clay Facebook</a>. You can find most of the information you might be looking for there as well as the current news.

I hope everyone has a safe, restful and happy summer! Terence